Recovery from blood clots is not always complete. Rarely, there may be serious lasting effects or, very rarely, they may be fatal.

• an inflammation in the veins under the skin (superficial thrombophlebitis).

• just given birth you are at an increased risk of blood clots. You should ask your doctor how soon after delivery you can start

• if you need an operation, or you are off your feet for a long time (see in section 2 ‘Blood clots’).

• systemic lupus erythematosus (SLE – a disease affecting your natural defence system).

• ever had a discolouration of the skin especially on the face or neck known as “pregnancy patches”, (chloasma).

• if you have:

• if you have any unexplained bleeding from the vagina.

If the condition develops, or gets worse while you are using Lucette, you should also tell your doctor. Your doctor will discuss with you what other form of birth control would be more appropriate.

- e.g. use a condom or another barrier method. Do not use rhythm or temperature methods. These methods can be unreliable

- a condition known as hyperhomocysteinaemia.

- severe diabetes with blood vessel damage

Lucette, like other hormonal contraceptives, does not protect against HIV infection (a sexually transmitted disease).

- if one of your immediate family has had a blood clot in the leg, lung or other organ at a young age (e.g. below the age of 50). In this case you could have an hereditary blood clotting disorder;

- if you are very overweight (body mass index or BMI over 30kg/m²);

- if you are very near your menopause.

- If a blood clot travels from the leg and lodges in the lung it can cause a pulmonary embolism.

- chest pain, discomfort, pressure, heaviness;		Heart attack

- sweating, nausea, vomiting or dizziness;

- swelling of one leg or along a vein in the leg or foot especially when standing or sitting;”

- blood clots blocking other blood vessels

- blood clots in the liver or the spleen

- if you feel any giddiness, talk to your doctor or pharmacist. This includes any possible side effects not listed in this leaflet. We study

- nausea or vomiting, loss of appetite;

- if you are taking or have taken any other medicines or herbal products that may affect blood clotting, e.g. herbal products containing St John’s wort;

- if you have:”

- chest pain, fast or irregular heartbeat, swelling in one side of the body;”

- if you need to have an operation, or if you are off your feet for a long time because of an injury or illness, or you have your leg in a cast. The use of Lucette may need to be stopped several weeks before surgery or while you are off your feet. If you are taking Lucette for stroke prevention and are using a cast, you may continue to take Lucette;

- if you are very near your menopause (only take this if you are over 40 years old);

- if you have:

- if you have:

- if you have ever had a blood clot in your leg(s) (Deep vein thrombosis (DVT), lung (pulmonary embolus (PE)) or other organ;

- if you have:

- chest pain, jaw pain or discomfort, shortness of breath;

- if you have a tendency to develop blood clots, or a family history of blood clots;

- if you have:

- a vein that has become hardened or scarring or the portal organs, e.g. if you have any symptoms in person or so you don’t use the contraceptive product.

- a vein that has become swollen or tender;

- if you have:

- if one of your immediate family has had a blood clot in the leg, lung or other organ at a young age (e.g. below the age of 50). In this case you could have an hereditary blood clotting disorder;

- if you have:

- if you have:

- if you have any other unexplained loss of blood;

- if you have a family history of hyperhomocysteinaemia;

- if you have:

- if you feel any lump.

- if you have:

- if you have:

- if you need to have an operation, or if you are off your feet for a long time because of an injury or illness, or you have your leg in a cast. The use of Lucette may need to be stopped several weeks before surgery or while you are off your feet. If you are taking Lucette for stroke prevention and are using a cast, you may continue to take Lucette;

- chest pain, jaw pain or discomfort, shortness of breath;

- if you are using Lucette, for example for a close family member who experiences stroke because of smoking or another reason, you get a lot of weight, tell your doctor

- if you need to take additional contraceptive precautions (for example condoms) and if so, for how long.

- if you have:

- if you need to have an operation, or if you are off your feet for a long time because of an injury or illness, or you have your leg in a cast. The use of Lucette may need to be stopped several weeks before surgery or while you are off your feet. If you are taking Lucette for stroke prevention and are using a cast, you may continue to take Lucette;

- if you feel any giddiness, talk to your doctor or pharmacist. This includes any possible side effects not listed in this leaflet. We study

- if you need to have an operation, or if you are off your feet for a long time because of an injury or illness, or you have your leg in a cast. The use of Lucette may need to be stopped several weeks before surgery or while you are off your feet. If you are taking Lucette for stroke prevention and are using a cast, you may continue to take Lucette;

- if you have a family history of hyperhomocysteinaemia;

- if you have:

- if you have any other unexplained loss of blood;

- no you feel any lump.

- chest pain, jaw pain or discomfort, shortness of breath;

- if you have a family history of hyperhomocysteinaemia;

- if you have:

- if you need to have an operation, or if you are off your feet for a long time because of an injury or illness, or you have your leg in a cast. The use of Lucette may need to be stopped several weeks before surgery or while you are off your feet. If you are taking Lucette for stroke prevention and are using a cast, you may continue to take Lucette;

- if you have:

- if you have:

- if you feel any lump.

- if you have a family history of hyperhomocysteinaemia;

- if you have:

- if you need to have an operation, or if you are off your feet for a long time because of an injury or illness, or you have your leg in a cast. The use of Lucette may need to be stopped several weeks before surgery or while you are off your feet. If you are taking Lucette for stroke prevention and are using a cast, you may continue to take Lucette;

- if you feel any lump.

- if you have:

- if you need to have an operation, or if you are off your feet for a long time because of an injury or illness, or you have your leg in a cast. The use of Lucette may need to be stopped several weeks before surgery or while you are off your feet. If you are taking Lucette for stroke prevention and are using a cast, you may continue to take Lucette;
If you follow one of these recommendations, you will remain protected against pregnancy.

2. If you are pregnant or breastfeeding, think you may be pregnant or any planning to have a baby, ask your doctor or pharmacist for advice before taking the medicine.

Soaps and detergents

If you are pregnant, do not take Lucette if you become pregnant while taking Lucette stop taking it immediately and contact your doctor or pharmacist. If you stop taking the active substance for a period of time, you may become pregnant against your will at any time (just like if you had not stopped taking Lucette). If you do not want to stop taking Lucette (for example to become pregnant) you should use a separate contraceptive method, such as condoms or the contraceptive pill, during the first 21 days of Lucette. It is also advisable to consult your doctor.

Ask your doctor or pharmacist for advice before taking any medicine.

Leucine contains lactose and soy lecithin.

Leucine contains 48.17 mg lactose monohydrate.

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